

Utah Parent Center

If your child has special needs, so do you! We can help!

The Utah Parent Center (UPC or Center) is an award-winning parent training and information Center founded by parents to help other parents of children, youth, and

young adults with a wide range of disabilities and special needs facing similar challenges across Utah. Since 1983 the caring competent staff of the UPC has utilized a parent-to-parent model to help many thousands of parents and some professionals who serve

"Now we feel so much more comfortable with our abilities to deal with our daughter's disabilities."

Parent

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their children. UPC staff has built collaborative networks with education, health and human service professionals, other state agencies, and community based organizations statewide to benefit the families we serve. The Center promotes positive change within the community and provides services through several projects and activities.

Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community.

We accomplish this by providing FREE accurate information, empathetic support, appropriate referrals, individual assistance, valuable training, peer support, and effective advocacy based on the concept of PARENTS HELPING PARENTS.

"It's just a really good thing to have support." We offer free individual training, information and peer support. We also provide group training in workshops and conferences.

For parents of children, youth, and young adults with disabilities and special needs
230 West 200 South, Suite 1101 Salt Lake City, UT 84101

Phone: (801) 272-1051 ■ Toll-free in Utah: (800) 468-1160 ■ Spanish: (801) 272-1067

Email: upcinfo@utahparentcenter.org Website: www.utahparentcenter.org